

# Apothecary



Everything you order will be made to order so I can give you the freshest products available , using the garden for the medicinal herbs some are dried but some will be fresh, I wish to capture the full energy of nature in your product. I only make very small amounts for friends, clients and family.

**The land uses NO chemicals and everything is therefore organic. It is a sacred space, a sanctuary and the land is worked ethically and ritualistically.**

**We believe that Le Temple of the Rose is sacred place and treat it as such.**

**They are only picked when they allow. When the herbs are picked a sacred prayer and alchemical process captures the spirit of the plant. They are thanked and appreciated for their sacrifice. They are dried or processed using prayer and incantation .**

**The plants are naturally dried in the sun, so that sun energy is infused into the cells and physical structure. They are given prayers as they dry so their essence remains and they know their purpose.**

**As the plants go through the second process of being captured in alcohol, oil or refined they are held in ceremony, they are smudged and incantations are given.**

**They are never boiled or processed in a way that does not respect their structure and are handled with pure intention , connection and care throughout.**

**All process involve Collette being in a ceremonial and mystical process, praying for the plant to heal another.**



# *Packages*

## *Gift Box One*

Toothpaste  
Deodorant  
Medicinal Tincture  
Herbal bath salts

€ 40 +P&P

## *Gift Box Two*

Toothpaste  
Deodorant  
X2 Medicinal Tincture  
Herbal bath salts  
€ 50 +P&P

## *Gift Box Three*

Toothpaste  
Deodorant  
X3 Medicinal Tincture  
Herbal bath salts  
€ 60 +P&P

## *Gift Box Four*

Toothpaste  
Deodorant  
Medicinal Tincture  
Herbal bath salts  
Comfrey or Calendula healing salve

€ 45 +P&P

## PRODUCTS

### *'Fit for an Egyptian Rose Queen' Luxury Face Cream*



I pulled all the stops out for this face cream . Of course I did because it's what I use for my skin care regime! I absolutely want natural luxury, something that feeds my face and keeps it tight , toned , healthy , blemish free and radiant. SO let me tell you what's in it...I got to start with the Organic Shea butter that is anti-ageing, restores elasticity, has free-radical agents, antioxidants, is antifungal, reduces inflammation, is antibacterial, treats acne and blemishes, reduces any marks , boosts collagen, regenerates cells and has vitamins A, E and F in !! Wooooah yes already its ticking the boxes and that's

without me even mentioning the benefits of the calendula infused sweet almond oil that is deeply smoothing, moisturizing, healing, cell regenerating, and makes skin radiant. I then go and add some Daisy almond oil in which has super anti-ageing properties, literally feeding the skin vitamins prevents skin sagging and wrinkles. Bellis Perennis the botanical name for Daisy literally means 'Eternal Beauty'. I do have to add more luxury, pack it in I say, especially when its all organic, natural and impacts your energy field, well-being as well as skin tone!

I want Queen luxury! I'm talking Cleopatra, Nefertiti Queen luxury, so I go all out and add the magic of powdered Blue Lotus flower to acquire Egyptian Queen luxury and for balancing skin tone, promoting smooth skin texture and to give you Queen like radiance! My next additions are essential oils that work with the skin in the same ways as above, feeding, tightening, healing and making your face glow. Impacting your emotional well-being as well as physical.

This is a pure, natural and organic wonder fit for a Rose Queen!

€33 plus postage.

( This product is 290ml – compare that to your normal 50ml face cream size, this amount lasts me anywhere 9-12 months depending on how liberal I am with it, It's so rich a little goes a long way!)

## Venus Face oil



Venus is the symbol of beauty and love. This oil was processed and made while embodying and working with her archetype and symbolic representation for women in our collective. I have not held back on the ingredients in this oil because I wanted it to be a special face oil for those of use who wish to really indulge our skin, keep it supple , reduce premature ageing, support blemishes and any skin issues, feed and nourish our skin so it

simply exudes beauty. This is what this will do , all the ingredients have been researched to bring you beauty in a bottle... Venus style.

### *Ingredients:*

All organic

Oils: Olive oil, castor oil, Vitamin E oil.

Herbs: Calendula, lavender, rose, sage, Blue Lotus (from Sri Lanka, the rest from the garden)

Essential Oils: Frankincense, Lavender, Rosemary, Rose geranium, Ylang Ylang, Lemon, Neroli.

30ml €35 plus postage.

If you wish to add the Venus Transmission to this you get the oil and the transmission for €55 plus postage!

# *'The Myrrhophores' Luxury Face Creams*



I was inspired to create this from a recent pilgrimage to the sacred sites of Mary Magdalene where I met women from the Myrrhophore lineage and felt the remembrance of a time gone by and the time now, where we as women used oils to heal. The Myrrhophore is a lineage of priestesses who did exactly that, re-aligned souls, healed with the use of oil. So feeling them call me in this life time and in previous life times I felt compelled to create this cream after a transmission was received to share with others.

So this is a very sacred cream, it's a healing cream, it's a cream that you're on your skin and also work with you on a deeper level .

I want to share here what the ingredients do , but I've already shared about the amazing benefits of Shae butter , I can tell you lots about and how beeswax allows for the Mother to enter this cream with her priestesses... but I would rather reveal the Sacred oils that I have used, that are oils the Myrrhophores would have used and let you tell me how they impact you.

Myrrh

Frankincense

Spikenard

Holy Basil

Cedarwood

Lavender

Rose

This is a very, very sacred cream and I am sure you will receive all its gifts.

Ingredients: Shae butter, Brassica napus oil, beeswax, Myrrh, Frankincense, Spikenard, Holy Basil, Cedarwood, Lavender and Rose essential oils.

€33 plus postage.

( This product is 290ml – compare that to your normal 50ml face cream size, this amount lasts me anywhere 9-12 months depending on how liberal I am with it, It's so rich a little goes a long way!)

# Toothpaste



You will be shocked by the cleansing power of this toothpaste, it really does show you the first time you use it what natural cleaning power is . The first brush you will see the difference, squeaky clean teeth, and they appear much whiter. The oregano helps to keep your mouth bacteria free and is a healing agent, while the peppermint freshens the breath.

Simply add a pea sized amount to your toothbrush ( in colder climates it may be a little more solid, so I rub my toothbrush against it to get the product on my brush) and brush your teeth as normal. Don't forget to take a before and after picture as you really will see and feel the difference!

## *Ingredients:*

Bicarbonate of soda, coconut oil, activated charcoal, peppermint oil, oregano oil, fresh peppermint

60ml - €9 + Postage

## *Deodorant*



All natural and organic made from garden flowers and herbs from the Temple de la Rose Garden and a mix of essential oils. This deodorant is very long lasting and you will be really surprised by the dryness and the lack of odour. Tried and tested by my lovely man who works long physical hours who said 'that is the best deodorant I've ever used, no smell, kept me dry all

day.” Calendula cleanses the lymphatic system and aids lymphatic drainage, so why it features in this prime area for lymph nodes.

This tin of deodorant will last you at least six months. You simply take a little on your two fingers and rub into your arm pits, a little goes a long way!

#### Ingredients

#### **Mens:**

Blend 1. Bicarbonate of soda, cornflour, coconut oil, rose, calendula, vervienne, bergamot essential oil.

Blend 2. Bicarbonate of soda, cornflour, coconut oil, Calendula, bergamot essential oil, holy basil essential oil and fennel essential oil and lemon balm.

#### **Womens:**

Blend 1, LYMPHATIC DRAINER Bicarbonate of soda, cornflour, coconut oil, calendula, ginger, fennel, sweet orange.

Blend 2: Bicarbonate of soda, cornflour, coconut oil, rose, calendula, Lavender, rose geranium essential oil, lavender essential oil.

60ml - €11 euros + postage

## French Clay Face Mask



All natural and organic made from the absolutely amazing French green clay Montmorillonite region of France that is well known for removing dead skin cells from the outer surface and the epidermis. It exfoliates the skin, increases circulation, relives inflammation, is antiseptic and antibacterial and stimulates new skin cells. It really is a wonder clay. Adding the cider vinegar

helps to tone and promote a very balances PH, while the peppermint offers an extra circulatory boost , diminishes blackheads and acnes and reduces redness of the skin. It really does make your skin feel special after

Apply with fingers and remove before it dries.. it is normal to feel a tingling, tightening and warming feeling when the mask is on.

### Ingredients

Organic French Green Clay, organic oats, Organic cider apple vinegar , French sea salt, Spring water, fresh peppermint and peppermint oil.

€9 plus P&P

# *Peachy bum whipped Body Butter*



Well I can't really do any justice to this cream in words , it really is simple peachy! The whipping of Shea, coconut and olive oil not only deeply nourish your skin, soothe it, heal it and help with any imperfections (Organic Shea butter that is anti-ageing, restores elasticity, has an free-radical agents, antioxidants, is antifungal, reduces inflammation, is antibacterial, treats acne and blemishes, reduces any marks , boosts collagen, regenerates cells and has vitamins A, E and F in !!) I added a perfumery standard of essential oils that help with circulation, boosting blood flow to your skin, is antibacterial, deeply cleansing and smells fresh and divine and a little sensual with the ylang ylang. This is really a peachy bum cream and will leave your bum ...

well peachy! Its is super absorbent so you can feel just how nourished the skin feels after you have slathered it on !

### Ingredients

Organic Shea butter, Organic coconut oil , Olive oil, lemon, lime, ylang ylang, cedarwood , sweet orange, bergamot, ginger essential oils, natural colorant.

€13 plus P&P

445ml Jars

### *English Rose whipped Body Butter*

I wanted all the peachy bum offered only this time to have my favourite Rose scent in! The whipping of Shea, coconut and olive oil not only deeply nourish your skin, soothe it, heal it and help with any imperfections (Organic Shea butter that is anti-ageing, restores elasticity, has an free-radical agents, antioxidants, is antifungal, reduces inflammation, is antibacterial, treats acne and blemishes, reduces any marks , boosts collagen, regenerates cells and has

vitamins A, E and F in !!) I added Rose, rose geranium and Violet Essential oil! Rose has the highest frequencies of all oils and works on so many levels with your mind and soul . The Rose geranium is anti-ageing, anti-inflammatory, anti fungal and helps with anxiety and stress. Violet has similar qualities in that it induces tranquillity and calm and alleviates exhaustion. This is one I slather on when I am feeling like I want to pour tea into a china cup , lay on my day lounger and be an English Rose!

### Ingredients

Organic Shea butter, Organic coconut oil , Olive oil, Rose , rose geranium, and violet essential oil , natural colorant.

€13 plus P&P

445ml Jars

# *Melting Moistening Body Bars*



You can chose to get your lover to rub this bar all over your body in some deeply sensual massage OR , you take this bar and treat yourself to an all over Magnificent melting moisturising fest. The latter is my favourite when my skin is warm from the bath and I simply rub this bar all over my skin to leave it feeling deeply nurtured and moisturised.

They come in three types

## ROSE



Rose petals, Rose Absolute, Rose Geranium and  
Cherry essential oils

I just have to have rose in everything and this is no exception, a rose mould with rose petals and the essential oil of rose to bring the highest frequency of all to your being. Cherry adds a high note of sweetness and softness to leave you feeling truly cherished.

## VANILLA AND COFFEE



Coffee beans , and vanilla absolute

This is a dreamy coffee beany bar with the comforting undertones of vanilla, the Coffee beans aid in reducing cellulite, keep the skin youthful, are super for sun exposed skin, brightens the skin and reduces inflammation! Vanilla is a really soothing scent that softens your mood lifts depression. Why these two ingredients work hand in hand.

## LAVENDER



Fresh organic lavender and Lavender essential oil

Lavender moisture leaves me feeling completely relaxed and ready for bed, I love using lavender moisture bars on lazy Sunday days or pamper nights that leave me feeling all sleepy. The Lavender is freshly picked from the Temple garden and reminisces the fragrance of French lavender fields.

### Ingredients

Organic Shea butter, Organic coconut oil , Organic Beeswax, essential oils and raw ingredients listed with each bar.

€8 plus P&

# *Magnesium Massage Body Bars*



All my years as a Yoga Teacher who worked with individuals on their bodies taught me one thin;; magnesium was king, it works so deeply into the body to relieve aches and pains, muscle tightness, stiffness and fatigue , it literally is a little emergency doctor waiting to go deep into all your aches and pains. I've teamed this super doctor with essential oils that do the same healing work on your body. This Massage bar is made to use on yourself or with others to give you relief, relaxation and leave you feeling soft as butter!

## **Ingredients**

Organic Shea butter, Organic coconut oil , Organic Beeswax, Magnesium, wintergreen, rosemary, peppermint, Bergamot essential oils .

**€10 plus postage**

# Coffee Eye Serum



Oh my days , this really packs a punch and I don't mean in the eye! Quite the opposite! It reduces swelling, puffiness, dark circles. It improves circulation and plumps up the skin, reducing wrinkles. It protects the eyes against UV radiation and photoaging. This really works, tightening and reducing... I love this product.

## Ingredients

Organic coffee, olive oil, castor oil.

**€20 including postage**

# *Yoni Oil*



This Yoni oil has developed over time whilst I have been training women in Sacred Sexuality; the 13 Roses is an exploration of their most potent power of their Yoni, womb and all their feminine sexuality. This is an oil used to anoint and honour the yoni, to heal her, and lubricate her. It is packed with sacred herbs and oils that will leave her soothed, fresh and free from irritation.

## **Ingredients**

Olive oil, dried herbs of : rose , blue lotus, lavender, mugwort, chamomile, rosemary , calendula. Essential oils; frankincense, oregano, rosemary  
**50ml €25 including postage**

# *Solid Rose perfume*



A little potent tin of high vibrational , energetic , rose essence goodness. It's taken a lot of rose oil but they are sure worth it . The frequency of the rose is the highest of all the flowers. Put some on and see what happens!

## **Ingredients**

Beeswax, coconut oil , rose essential oil

€15 plus postage

# *Herbal Bath Salts / Shower Scrubs*



I am a bath salt addict and use them as a body scrub in the shower too , the lush French sea salt acts as a purification and cleanser , while the Epsom salts helps to relax those muscles and provide you with magnesium which we could all do with a little more of to help relax muscles and the mind . It is useful for invoking sleep as well as giving you energy.

## Ingredients

### **Make me sleep!**

French sea salt, Epsom salts, lavender oil, French lavender



### **Heal my Body and my Mind!**

French sea salt, Epsom salts, St John's wort oil, St John's wort , bergamot and rosewood

### **I am a Rose Goddess!**

French sea salt, Epsom salts, rose petals, lavender, rose oil , lavender oil .

### **Protect me**

French sea salt, Epsom salts, hyssop, Paulo santo essential oil.

### **Decongest me**

French sea salt, Epsom salts, nettle, thyme, mint, peppermint oil , eucalyptus oil and thyme oil.

### **Wake me up before you go go !**

French sea salt, Epsom salts, peppermint, chocolate mint , mint and peppermint essential oil.

**Large €12 plus postage**

**Small €6 plus postage**



## *Medicinal Herbal Tinctures*

### *Protection*

A tincture to protect your energy field from negative energy, parasites and attack. Great for meditation, journeying and when you are opening up yourself for spiritual practice.

*Ingredients: Hyssop (Hyssopus officinalis), White Sage (Salvia apiana), Rhum 40%*

### *Sleep*

When sleep is difficult to find and we are in our heads, this will induce relaxation and sleep.

*Ingredients: Lavender (Lavandula), Lemon Balm (Melissa officinalis), Vervienne (Verbena officinalis) Rhum 40%*

## *Headache*

From time to time our head gets really full and it tries to tell us, this tincture really helps to soothe that headache and tastes so good too !

*Ingredients: Lavender (Lavandula), Peppermint (Mentha balsamea) Rhum 40%*

## *Allergy*

When those sneezes, jelly eyes, runny nose and itchy throats get too much it's time to take something and not something that messes with your histamine levels, but rather sorts them naturally.

*Ingredients: Dandelion (Taraxacum), Nettle(Urtica dioica) Rhum 40%*

## *Oxeye daisy*

*Ingredients :Leucanthemum vulgare, Rhum 40%*

Oxeye daisy is the plant connected to LOVE, folklore has many tales of how it brings in love , how it seeks out love , how it rids the body of the unloving. It is a plant that brings freedom, trust, light, grace and connection . Within the centre of the flower the geometry of life opens and it can take us on a journey into the very point of being, the still point, the point where we are just being, centred in love, surrounded by Grace. It is a plant that can take you on an expansive journey.

Early Christianity appointed this to Mary Magdalene.

**Medicinally**

- Ulcers internal/external
- Fever
- Infection
- liver issues
- Wounds internal/external
- Burns
- Bruises
- jaundice
- Conjunctivitis
- Hayfever
- nervous disorders
- Vaginal douche for ulcers
- Respiratory issues
- Coughs
- Sciatica
- Gout
- Headlice
- 3 drops under the tongue x2 a day for preventative
- 10 drops x3 a day for illness as above.

## *Stitchwort*

*Ingredients:* Rabelera holostea, Rhum 40%

*Spiritually*

Stitchwort is a plant that helps with cleansing and purification, it brings a sense of pureness to the body trying to release it of all that builds up in the body that creates hostility and impurities. It is connected to the Holy white light and brings a holy purification to the body. It is believed in ancient folk Lore that it is the flower of the fairies and they use it for protection against impure actions, thoughts and behaviours. This is wonderful plant for meditation and spiritual practice.

*Medicinally*

- Inflammation
- Phlegm/mucus
- cough
- ulcers
- stomach problems
- digestions issues
- weight loss
- inflamed skin
- Eczema
- Psoriasis
- Bites
- irritation/rash
- dermatitis
- fat liver
- Hepatitis B

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

## *Lungwort*

Ingredients: Pulmonaria Officinalis, Rhum 40%

Spiritually

Lungwort is a plant that allows you to see beyond reality. it takes us from the seen to the unseen and allows us to realise that there is more to life than what we see and what we already know. It allows us to connect to the breath more deeply, go really deep into the self and to the place where you can transcend duality ; where you can just be with the breath and your being. In this space lungwort brings in harmony, it allows you to feel the balance, it brings you into your heart.

Medicinally

- Respiratory issues
- Cold
- Flu

- Virus
- Mucus
- asthma
- antibiotic
- antioxidant
- Diuretic
- Anti ageing

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

## *Bugle weed*

Ingredients: Lycopus virginicus, Rhum 40%

Spiritually

This is a magical plant with much to say that works silently. It is natures relaxant, eases stress and nerves, relaxes the body and balances the body when it is out of sorts, emotionally, hormonally , physically and spiritually. This is the one to use when moments of calm are needed, when sleep is hard to catch and everything seems too much.

It cools, soothes and eases the nervous system slowing everything down into silent time. Ssssshhh the silent bugle calls out.

Medicinally

- Hyperthyroid issues
- PMT
- Stress
- Menstrual issues
- Breast pains
- Nerves/anxiety
- Heart palpitations

- Insomnia
- Stems bleeding
- Lowers blood sugar
- Respiratory distress
- Catarrh/Mucus
- Candida
- Antioxidant
- Anti-inflammatory
- Dizziness from alcohol
- 

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

### *Lady's smock*

Ingredients: Cardamine pratensis, Rhum 40%

Lady's Smock is a very feminine flower as the name suggests and really is the plant to use to connect to your feminine nature, and the womb. She connects us to our 'ardor' stimulating our passions and enthusiasm and our hunger for life. It is a great plant for connecting to your sexual energy to generate passion in your life and living from the womb.

Medicinally

- Menstrual Issues
- Heavy menses
- Hysteria
- Skin complaints
- Asthma
- Indigestion
- Stimulate appetite
- Antispasmodic
- Diuretic
- Stimulates Passion

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

## *Yellow Archangel*

**Ingredients:** Lamium galeobdolon, Rhum 40%

This is a perfect plant for teaching us humility, patience and growth on a spiritual path. It teaches us to be teachable, to know our ego will cloud our way and that by being humble we actually give more energy to our higher self. It helps us bring forward our 'shadow' behaviours, lose our defensiveness, the know it all and the parts of us that close us off to ascending because we already think we have. This is the archangel who calls you out.

Medicinally

- Young girls menstrual
- All menstrual issues
- Stomach complaints
- Abdominal complaints
- Scanty or burning urine
- Bladder issues
- Kidney trouble
- Chill in the bladder
- Nephritis
- Ulcers
- Varicose Veins
- Blood cleanser
- Insomnia

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

## *Violet*

*Ingredients : Viola odorata, Rhum 40%*

Think of the term 'shrinking violet' to feel what this tiny beauty helps with, she will support you with self expression, speaking your truth, not being afraid to show who you are and find your individuality. She works with you in self confidence and liberation, to find out who you are, what you stand for and how you should express that. She brings the spiritual essence of the self forward in purity and innocence. The tri-coloured version combines the essence of the holy trinity.

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

Medicinally

- Anti- inflammatory
- Diuretic
- Wound healer
- Expectorant
- Blood cleanser
- Respiratory help
- Cough, bronchitis,
- Lymphatic drainage
- Swollen lymph nodes
- Lowers cholesterol
- Cancer
- Hemmoroids
- Varicose veins
- Eczema
- Wild Violet Tincture
- 3 drops under the tongue x2 a day for preventative
- 10 drops x3 a day for illness as above.

# Comfrey

Ingredients: Symptum Tuberous, Rhum 40%

## Spiritually

Comfrey helps us get to the root of a problem in our etheric bodies, it really allows us to feel the underlying causes of physical symptoms and why they are appearing in our physical body. Take comfrey and ask it to show you where the trauma and wound lies in the etheric body and what has caused it, let it help you release the emotions from that trauma as it physically heals and soothes the physical manifestation.

## Medicinally

- Arthritis
- Aches and pains
- Wound healing
- Burns
- Skin irritations
- Stems bleeding
- Internal ulcers
- Internal wounds
- Skin ulcers
- Congestion
- Asthma
- Coughs
- Cell regeneration
- Anti-ageing

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

# *Red Clover*

*Ingredients : Trifolium pratense, Rhum 40%*

## **Spiritually**

This is a powerful plant, who will hold you through change both of the inner and outer world. She is a purifier, cleanser and a clearer; bringing all of you back into balance. As you work with her you will feel her presence supporting you, nourishing you as she works with what needs eliminating. She is powerful on a hormonal level, balancing when the system is unbalanced. Not only does she work with your physical internal system but also your mind, emotions and spirit body, tuning and balancing them all together.

## **Medicinally**

- Menopause
- Hot flashes
- Night sweats
- Increases oestrogen
- Osteoporosis
- Whooping cough
- Cancer
- Psoriasis
- Eczema
- Rashes
- Helps support weight-loss
- Hair
- Skin
- Psychologically supports
- Lymphatic drainage
- Purifies the blood
- Promotes fertility

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

# *St John's wort*

Ingredients: Hypericum perforatum, Rhum 40%

## **Spiritually**

Look at the colour of St Johns wort and it will show you happiness, joy, life bursting through its very being. This sacred plant is highly protective alleviating negative energies and unforeseen forces, it drives out evil spirits. These forces may be the ones creating all the negative thoughts and depression. It also is the HEALER plant helping you heal those deep emotional issues.

Named after St John the baptist, it holds the energy of baptism and connecting you with Christ energy.

## **Medicinally**

- Depression
- anxiety
- Kidney issues
- Lung issues
- Wounds
- Bruises
- Muscle pains
- Menopausal symptoms
- ADHD
- Somatic symptom disorder
- obsessive compulsive disorder
- Negative thoughts
- Negative energies
- removes toxins
- speeds metabolism
- Great for digestion
- Burns
- sciatica
- nerve damage

- shingles

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for when suffering as above.

## *Heal All*

Ingredients:, Prunella vulgaris, Rhum 40%

### **Spiritually**

This is the Master Healer, that connects to your inner healer and healing abilities. This gives you the strength to get through what ever you are going through, even the deepest darkest illness and disease that just don't seem to be healing. Call in the power of 'heal all', know that it can work with you to really heal, to really take you where you need to go to know where this started in you and what needs to change in order for you to be free finally from whatever seems to be taking over your life.

### **SPIRITUAL/EMOTIONAL GROWTH.**

### **Medicinally**

- Cancer
- Virus
- Boosts immune system
- Sore throat
- Allergies
- Colic
- Crohn's disease
- Diabetes
- Gastroenteritis
- Headache
- Ulcerative colitis
- Anti inflammatory
- Herpes
- High blood pressure
- Clear liver

- Vertigo
- Hot flushes
- Recovery from ALL illness/disease

Contains: vitamin B,C, vitamin K, thiamine, and tannins.

### **Heal all Tincture**

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

### **HEAL ALL Dried herb :**

One teaspoon of heal all in a cup of boiling water and allow to steep for 10mins.

## *Firethorn*

Ingredients:, Pyracantha berries, Rhum 40%  
Pyracantha Leaves, Rhum 40%

### **Spiritually**

Nepalese Firethorn brings us fire energy and is a great antidote for those whose fires burn a little too brightly, or indeed those of us whose fires are hard to ignite. It brings balance to the fire energy within us. The spirit of this plant helps to release the suppressed emotions, such as anger and frustration that can make a person 'spit fire' or 'boil over', these emotions that have likely been stored in the system for far too long can lead to heart conditions. Those emotions are often bottled up, project themselves on others, or makes us ill of heart.

### **SPIRITUAL/EMOTIONAL GROWTH.**

### **Medicinally**

- Cardiac issue
- Myocardial weakness
- paroxysmal tachycardia
- hypertension
- arteriosclerosis
- Buerger's disease
- Angina
- diabetes
- Hepatic
- Stomach issues
- skin diseases
- reduces cholesterol
- Maintains blood pressure
- Constipation
- Rejuvenation by eliminating free radicals
- Joint pain
- anaemia
- anxiety
- Insomnia

### **Tincture**

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

Syrup and Gummies will be available. Take one a day

Two Tinctures available

**Leaf:** The leaves make a nervine tonic and are great for brain function. Increases blood supply to the brain, headaches, anxiety, in the head all the time. Sitting on emotions

**Berry:** All the other benefits listed above.

Dried leaves available in Grams

Tinctures : 30ml all €13 & Postage

100ml all €35 & postage

## *Elderberry*

Ingredients; Sambuca Nigras, Rhum 40%

### **Spiritually**

The dark feminine energy of Elderberry is hard to ignore... she is a deep healer , she is an intuitive and can assist you with both. When your body shows you there is healing needed in whatever area that may be she will come to assist you here and she will ask 'what emotions do you hold here?' and you will work together to release. She will also ask 'what shadows do you hold here?' She supports your intuition, guides you in for your answers and supports those gut feelings and for you to follow them. For the witches among you or the followers of Black Madonna, she helps with the underworld and shadow work!

### **Medicinally**

- Antiviral
- Cold and flu symptoms
- respiratory issues
- Flu treatment
- Coughs
- Mucus build up
- Inflammation
- Antioxidant

- Pain relief for joint issues
- heart pain
- Sinus pain
- Back and leg pain
- Sciatica
- nerve pain
- Dental pain
- Chronic fatigue
- Contain Quercetin

### **Tincture**

3 drops under the tongue x2 a day for preventative

10 drops x3 a day for illness as above.

### **Syrup**

One teaspoon a day

### **Gummies**

Take one a day

# *Wood of the Gods Female*



Ingredients:, Cedrus deodara, Rhum 40%

Spiritually

The 'Wood of the Gods' of the 'Divine' wood is an ancient tree that has been used for healing and spiritual protection for thousands of years.

Medicinally

**Tincture**

3 drops under the tongue x2 a day for preventative  
10 drops x3 a day for illness as above

*Wood of the Gods Male*

## *The Rose Tinctures*

Roses have a vibrational frequency of a whopping 320 MHz! An average body holds the frequency of 62-72 hertz and this can drop if we feel unwell, a little blue or there is something within our biofield bringing that resonance down. The Rose tinctures are created from organic roses from Le Temple de la Rose Garden, they have been grown and harvested in a sacred way, in honor of the rose, its symbology, and its frequency. The different tinctures all work differently in the body, they can be used for emotional well-being, to raise frequency, to journey with the rose in a meditative experience, or to use for ceremonials and rituals. They are perfect for personal use or for women's circles, retreats and especially make a very unique and exquisite gift. All tinctures are at 100% concentrate, they are not diluted, they are ritual tinctures so offer maximum potency.

*And it is said that the very word "rose" originated when Flora, the Goddess of Flowers, in pain upon being struck by Cupid's arrow, was unable to properly pronounce the word Eros but made it sound like "ros". From this the word "rose" becomes a synonym for Eros.*

## Red Rose



Ingredients:, Red rose, Rhum 40%

This beautiful tincture was a labour of love but it was so worth it ! Just look at the ruby red rose colour- wow!

The organic red roses were grown here in the La Temple de la Rose garden , after a summer of rain the roses came much later in the season but when they did the red rose was just exquisite, she was deep red like blood and velvet and the late summer sun illuminated her deep beauty. She had to go through quite a process and overcome the adverse weather to come into

form and boy did she. The red rose holds the highest frequency and resonance of all the roses and is a true feminine master of :

the womb,  
Menstruation  
healing  
romance  
sexuality  
beauty  
vitality  
Eros  
Libido  
Sensuality  
Passion  
Commitment  
Devotion  
magic  
Love

Work with The sacred prostitute archetype

The Queen archetype  
Priestess Archetype

This tincture is very powerful it is made and sold in its 100 percent concentrate through a sacred process. This can be used for meditation, mystical practices and healing. Every drop connects you to the red roses essence. I only have three bottles so this makes it even more special.

50ml

€55 euros + postage.

## Hot Pink Rose



Ingredients: Hot Pink Rose, Rhum 40%

This tincture is made from one of my roses I called Bertha, Big Bertha and she was bought from Rose fair in France, from a little old man that had grown roses in this region since he can remember. The roses are huge, fragrant and hot hot pink ! She is just so sexy and she knows it, showing off her big petals and swooshing her fragrance all over the garden. I collected the petals over the autumn as she began to rest for winter and made this tincture as a gift to all , to capture the beauty of her , the juiciness of her blooms and the

fragrance of the seductress that is rose. She told me exactly what she wishes to be of use for....

I use this tincture to:

Induce the pleasure principle

As an Aphrodisiac

Sensuality booster

To bring sexy when I feel otherwise

To raise my shakti

To entice sexual liberation

To use in yoni ceremonies, meditations, practices, healings and rituals

To entice

To seduce

To feel my full feminine juiciness

To summon my libido

Work with The Seductress archetype

The Lover archetype

50ml

€35 euros inc postage

## *Nude Rose*



Ingredients:, Nude Rose, Rhum 40%

This tincture is made from Clair, the softest nude rose that adorns my garden. She is exquisitely soft, shy, gentle in her nakedness and refined in her demeanour, she holds space at the front of the house and the back and was placed there because of her energetics. She oozes vulnerability while guarded by her thorns and emits the delicate perfume of a powdery rose with a touch of sweeteness.

I use this tincture to:

Soothe when I am feeling vulnerability  
Support me to be vulnerable  
Soften me  
When I wish to be delicately feminine  
Assist with shyness  
Evokes honesty, realness, rawness  
Supports in releasing shame  
Brings a subtle femininity  
Allowing you to feel naked  
Deal with delicate matters and situations  
Hold a gentle feminine space  
Work with The maiden archetype

50ml

€35 euros inc postage

## *Salves*

### *Comfrey salve*

I use this healing cream for everything , cuts , burns, bites , stings, skin irritation, skin sores or ulcers, bruises , it is also cell regenerating and anti-ageing ! Can be rubbed into the skin for arthritis.

Ingredients : Organic Shea butter , Brassica Napus oil , Comfrey

### *Calendula salve*

Great for your medicine cupboard as it keeps wounds clean and allows new tissue to grow. Any redness, inflammation, tenderness it can also be applied. Great for burns and sunburn. It works on varicose veins , softens scars and is antiseptic and antifungal!

Ingredients : Organic Shea butter , Brassica Napus oil , Calendula

Salves: 60ml €11+ postage

## Red Rose Salve



This is my ladies salve, and I use this to pinken my cheeks it adds a gorgeous soft glow to my cheek bones and makes me look all moisturised and like I'm slightly blushing. I can use this on my lips, on blemishes anywhere that needs that red rose touch!

Red rose is the highest vibration of all the roses and it really feels that way when you apply this to your face. I feel the timeless recipe in this and how the Parisian ladies would use crushed rose petals to make their cheeks pinker (it is very alluring and mimics that shakti flush we ladies get when we are in a high state of pleasure!) and how it changes the way

you feel and of course how the masculine energy responds to the flush of pink in your cheeks and the vibrations of the red rose. This is gentle enough to also use to adorn your yoni... Ooooo laaaaa laaaa, and she loves it.

Ingredients : Organic Shea butter , Red Rose infused olive oil , Beeswax, Red rose petals, beetroot powder, Rose essential oil.

Salves: 50ml €9+ postage



[www.templedelarose.com/apothecary](http://www.templedelarose.com/apothecary)