

# FABULOUS FREE MOTI ON

## Materials List

<b>Sewing machine</b>	in excellent working order; with the manual and the normal presser foot, and spare bobbins.
<b>Free-motion or quilting foot</b>	If one didn't come with your machine, find the correct universal foot - ask your local machine specialist for advice <i>If you choose to stitch without an embroidery foot this is entirely at your own risk. I do NOT recommend it, and I cannot accept responsibility for any damage or injury that may occur</i>
<b>Usual sewing equipment</b>	Fabric scissors, sharp nose embroidery scissors, pins/quilting clips
<b>Machine needles</b>	Schmetz Top Stitch 90/14 (and maybe 100/16)
<b>Cotton calico</b>	Medium weight, a couple of metres
<b>Paper-like stabiliser</b>	Stitch'n'Tear or Cotton Soft or equivalent; a couple of metres
<b>Fusible adhesive</b>	Bondaweb or Wonder Under; a couple of metres again
<b>Threads</b>	All-purpose and machine embroidery in a variety of colours from light to dark, including one or two metallics and a monofilament/invisible thread
<b>Thicker threads</b>	One or two thicker, hand-embroidery threads such as cotton perlé or craft threads. They must be smooth, no nubby bits.
<b>Colourful fabrics</b>	Lots of small pieces of lightweight fabrics in a variety of colours including dark and light
<b>Thicker fabrics</b>	A few small pieces of handmade felt, velvet or craft felt
<b>Sheer fabrics</b>	A few pieces of organza and/or chiffon including a few scraps of lace or lace ribbon.
<b>Plain paper</b>	Thin card or cartridge paper/drawing paper, or pack of plain postcards, or handmade paper
<b>Coloured paper</b>	Painted papers, gelliprints, magazine papers, brochures, gift wrap
<b>Recycled papers</b>	Book pages, maps, music manuscript, brochures, junk mail
<b>Sketchbook or folder</b>	e.g. spiral-bound A4 sketchbook, or a notebook plus folder
<b>Stationery</b>	Paper scissors, ruler, pen, pencil, double-sided tape or glue stick
<b>Art materials</b>	Paints, matte medium (optional)
<b>Iron</b>	with suitable protection e.g. baking parchment or silicone sheet