

FABULOUS FREE MOTION

Materials List

Sewing machine	in excellent working order; with the manual and the normal presser foot, and spare bobbins.
Free-motion or quilting foot	If one didn't come with your machine, find the correct universal foot - ask your local machine specialist for advice
	<i>If you choose to stitch without an embroidery foot this is entirely at your own risk. I do NOT recommend it, and I cannot accept responsibility for any damage or injury that may occur</i>
Usual sewing equipment	Fabric scissors, sharp nose embroidery scissors, pins/quilting clips
Machine needles	Schmetz Top Stitch 90/14 (and maybe 100/16)
Cotton calico	Medium weight, a couple of metres
Paper-like stabiliser	Stitch'n'Tear or Cotton Soft or equivalent; a couple of metres
Fusible adhesive	Bondaweb or Wonder Under; a couple of metres again
Threads	All-purpose and machine embroidery in a variety of colours from light to dark, including one or two metallics and a monofilament/invisible thread
Thicker threads	One or two thicker, hand-embroidery threads such as cotton perlé or craft threads. They must be smooth, no nubbly bits.
Colourful fabrics	Lots of small pieces of lightweight fabrics in a variety of colours including dark and light
Thicker fabrics	A few small pieces of handmade felt, velvet or craft felt
Sheer fabrics	A few pieces of organza and/or chiffon including a few scraps of lace or lace ribbon.
Plain paper	Thin card or cartridge paper/drawing paper, or pack of plain postcards, or handmade paper
Coloured paper	Painted papers, gelliprints, magazine papers, brochures, gift wrap
Recycled papers	Book pages, maps, music manuscript, brochures, junk mail
Sketchbook or folder	e.g. spiral-bound A4 sketchbook, or a notebook plus folder
Stationery	Paper scissors, ruler, pen, pencil, double-sided tape or glue stick
Art materials	Paints, matte medium (optional)
Iron	with suitable protection e.g. baking parchment or silicone sheet