Animal Intuitive® Academy

If you have paid for a review of your responses, please email to: anne@IntuitiveTouchAnimalCare.com

Short Answer Questions

- 1) Name 3 good practices for communicating with animals.
- 2) What is your experience of using meditation & acupressure for yourself to prepare for animal communication. Ex: does it help, what do you notice about yourself before meditating and after?
- 3) What changes might you need to make or practices put into place to grow in your animal communication practice?

Case Studies

Choose 4 animal family members and/or friends' pets (with permission).

Please ask the following questions and jot down responses and share the conversation in a Word Document with Anne for review:

- * Prepare fully using meditation to prepare
- * Make sure to include any feelings that you receive from the animal of what the animal is experiencing.
- * Remember to take your time to get to get to all of the layers.
- 1. Describe your favorite place include as much information as possible. Include color, what it feels like to be in that space (lie on it, sit in it, etc.), scents, emotional feeling, physical feeling, what you see around you / in front of you?

- 2. What do you think about / how do you feel about any animal family members, friends or dogs that you may see on walks, etc? These can be animals they know now or from the past.
- 3. How do you feel about your food? Describe how it smells, taste, texture, emotional feeling, physical feeling after eating.
- 4. Is there anything else that you would like to talk about?
- 5. Any messages for you about your animal communication practice?
- 6. For at least one of your animal communication sessions, please describe the use of at least one acupressure point. IE: did it affect your connection, communication or experience in any way?