# Stay Present Tour

A gospel-centered event for women in your community, presented by author and speaker, Becky Rosty.

#### Summary

Do you ever feel frazzled and fragmented, pining for a pause button? Set aside one weekend with author and encourager Becky Rosty to discover the secret to contentment.

- Regroup with other women around what really matters
- Re-align in mind and body through moving meditation (a yoga alternative for Christians),
- Recenter your motivation with Biblical guidance.

### Sample Schedule

Friday Evening: Ladies Night

- Session 1: Encouraging message
- ted talk style (non-believer-friendly) or
- Worship style (including singing)
- Door prizes
- Dessert & Discussion

#### Saturday Morning

- Session 2: Moving meditation
- Light Brunch
- Breakout sessions (led by Becky and/or your women's ministry leaders)
- Optional: session 3–celebration

## Church or group's responsibility:

- Provide space for event
- Promote event with provided media kit
- Pay cost\* as outlined below
- To help cover the cost, you might consider charging for event tickets
- Provide additional amenities (refreshments, worship band, etc.)
- Set up Table for Becky's merch

#### **Becky's Responsibility:**

- Deliver engaging content that compels women into greater intimacy with Christ, including those who may not have a relationship with Him yet
- Provide Media Kit
- Arrive early for set up, prayer, A/V check

## **Suggested Donation\*:**

- \$300 includes
  - Travel & lodging (within 5hrs driving distance)
  - 2 sessions (e.g.: evening message & morning meditation)
- Other costs:
  - additional speaker sessions or workshops: \$50 each, e.g.:
- Women's min leadership training
- Identity Workshop (for girls ages 14-20)
- Other moving-meditation classes
  - Worship Set (led by Shane (guitar & lead) and Becky (vocals/piano) [subject to availability] \$100
  - Flights: you provide airline coverage

\*Finances Tight? Ask about hosting the Stay Present Tour in exchange for a love-offering from attendees.

#### Have something else in mind?

Becky is also available to speak or lead a breakout session at your women's event, Bible study, youth retreat, or moms group meeting. Just reach out!

#### **Contact Info**

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